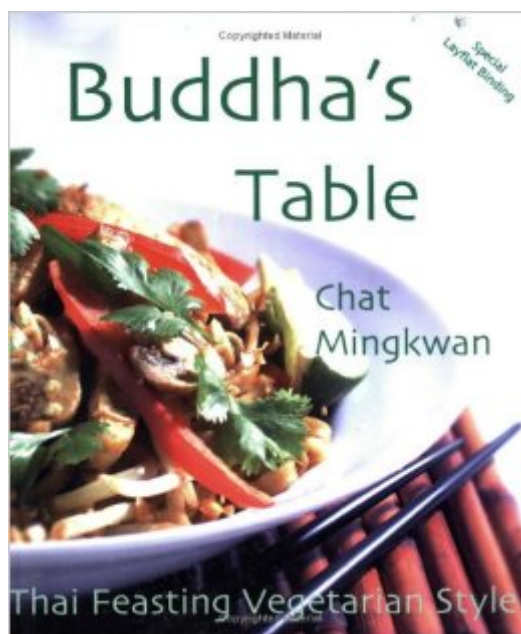


The book was found

Buddha's Table: Thai Feasting Vegetarian Style



Synopsis

For centuries, Thai vegetarian chefs have modified their meals to include only plant-based ingredients. This collection represents the most successful Thai recipes in terms of taste and execution for the home cook, adjusted to please healthy Western vegetarian tastes.

Book Information

Paperback: 191 pages

Publisher: Book Publishing Company (TN) (September 1, 2004)

Language: English

ISBN-10: 1570671613

ISBN-13: 978-1570671616

Product Dimensions: 7 x 0.5 x 7.9 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (35 customer reviews)

Best Sellers Rank: #154,395 in Books (See Top 100 in Books) #21 in [Books > Cookbooks, Food & Wine > Asian Cooking > Thai](#) #276 in [Books > Cookbooks, Food & Wine > Special Diet > Vegetarian & Vegan > Non-Vegan Vegetarian](#) #1886 in [Books > Cookbooks, Food & Wine > Regional & International](#)

Customer Reviews

'Budda's Table' by Chat Mingkwan looks like a typical 'little cookbook' you commonly see published by Chronicle Books, some of which are decent and some of which are a waste of money compared to other titles available for a similar price. This book, published by a house with the incredibly modest name of 'Book Publishing Company' out of Summertown, Tennessee, has lots to offer, even if it isn't published by Alfred A. Knopf, Harper Collins, or Artisan. Unlike the dominant cuisines of India, Thai cooking is not inherently vegetarian, and yet Buddhism, a religion with strong vegetarian tendencies is the most important religion in Thailand. This gives rise to the book's title and subtitle, 'Thai Feasting Vegetarian Style'. This means that fish sauce, one of the most important Thai ingredients, has been removed from all recipes. This is probably about as dramatic as removing anchovies from all Italian dishes. Fortunately, the wealth of southeast Asian fermented bean pastes are up to filling in the gaps left by removing the famous 'Nam Pla' from all recipes. This is not to say Chat Mingkwan has abandoned Thai traditional cooking. He begins his book with an excellent little guide to Thai ingredients which is no replacement for good references such as Bruce Cost's 'Asian Ingredients', but it is an honest coverage of the field with a firm commitment to the belief that there

are a lot of Thai ingredients with which you cannot substitute and expect to achieve the right Thai taste. Foremost of these in my mind is galangal, a rhizome with some resemblance to ginger. But, based on the scientific names of the two plants, they are not closely related. They certainly do not belong to the same genus. Another unmistakable and unreplacable ingredient is tamarind.

[Download to continue reading...](#)

Buddha's Table: Thai Feasting Vegetarian Style THAI FOOD - VEGAN THAI RECIPES: VEGAN THAI RECIPES FOR THE SLOW COOKER - FRESH THAI FOOD VEGAN RECIPES FOR THE SLOW COOKER (VEGAN THAI SLOW COOKER - THAI FOOD VEGAN RECIPES Book 1)

Vegetarian: High Protein Vegetarian Diet-Low Carb & Low Fat Recipes On A Budget(Crockpot,Slowcooker,Cast Iron) (Vegetarian,Vegetarian Cookbook,Vegetarian ... low carb,Vegetarian low fat) Buddha's Belly : Recipes For An Enlightened Mind: Mindful and Healthy Eating Based on Buddha's Diet Philosophy. Asian Vegetarian Cookbook Meals to Connect ... Your Inner Soul (Buddha's Belly Series 1) RECIPES:THAI FOOD: VEGE-THAI-RIAN: MOUTHWATERING THAI VEGETARIAN RECIPES (Vegan, Vegetarian Quick Easy Reference): Child Approved Simple Recipes, Fusion ... Special Diet Special Occasions) Vegetarian: Vegetarian Diet For Beginners: 100 Delicious Recipes And 8 Weeks Of Diet Plans (Vegetarian Diet, Vegetarian Diet For Beginners, Vegetarian ... Cookbook, Vegan, Clean Eating, Raw Diet) Style: The Lady's Guide to French Style, Fashion and Beauty- Get Dressed to Look Charm and Elegant (French Chic, Sense of Style, Style, Style Books, Style ... Dressed, Look Hot, Look Fabulous Book 1) Thai Cooking: Easy Thai Recipes for Beginners - Simple Asian Recipes for Starters (Thai Food for Dummies - Simple Thai Dishes at Home Book 1) VIETNAMESE VEGETARIAN FOOD - OUR FAMILY VEGETARIAN RECIPES: VEGETARIAN FOOD RECIPES FROM OUR VIETNAMESE HOME - VEGETARIAN FOOD RECIPES VEGAN RECIPES ASIAN ... RECIPES ASIAN VEGAN SERIES Book 1) Vegetarian: 4-Week Vegetarian Nutrition Cookbook for Everyday Lifestyle - 39 Quick & Easy Vegetarian Meal Plans for Beginners (Healthy Low Carb Vegetarian Recipes for Diet and Lifestyle) Intermittent Fasting and Feasting: Use Strategic Periods of Fasting and Feasting to Burn Fat Like a Beast, Build Muscle Like a Freak and Unleash Your Anabolic ... (Intermittent Fasting Bodybuilding Book 1) The Ultimate Thai Cookbook: Thai Cuisine Made Easy (Thai Cooking Recipes) Thai Food: Top 50 Most Delicious Thai Recipes [A Thai Cookbook] (Recipe Top 50s Book 130) Traditional Thai Cookbook - 27 Quick and Easy Thai food Recipes: Learn Thai Cooking to Cook Like an Expert Thai Cooking: Cook Easy And Healthy Thai Food At Home With Mouth Watering Thai Recipes Cookbook The Thai Slow Cooker Cookbook: Homemade Thai Cooking with Easy Thai Food Recipes Modern Thai Food: 100 Fabulous Thai Recipes for Contemporary Cooks

[Thai Cookbook, 132 Recipes] Simply Vegetarian Thai Cooking: 125 Real Thai Recipes Vegetarian Quick & Easy - Under 15 Minutes: (100 Simple Natural Food Recipes) (Weight Maintenance & Low Fat Lifestyle) (Vegetarian Weight Loss) (Special ... & Vegetarian Recipes Collection Book 2) Vegetarian: The Beginners Guide to a Vegetarian LifestyleÂ© with The Top 170+ Healthy Recipes (Includes 8 FULL Weeks FULL Month Meal Plan, Vegetarian Diet Weight Loss Cookbook)

[Dmca](#)